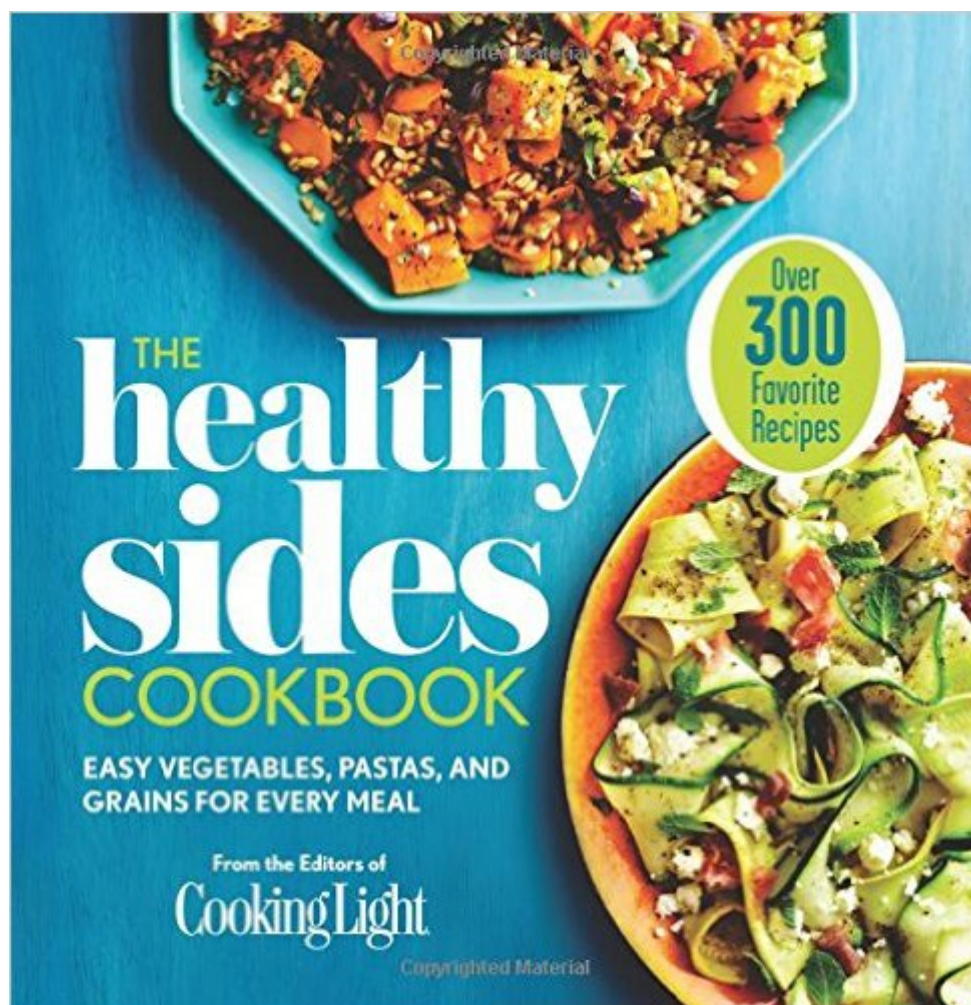


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# The Healthy Sides Cookbook: Easy Vegetables, Pastas, And Grains For Every Meal



## Synopsis

Perfect pairings for every meal! In The Healthy Sides Cookbook, side dishes finally get their due. Discover more than 300 inspired recipes that are big on flavor and short on effort. Tested and perfected by the experts at Cooking Light, this handy cookbook covers weeknight classics such as Roasted Rosemary Fingerling Potatoes; holiday crowd-pleasers like Sage and Apple Stuffing; and new favorites including Zucchini Ribbons with Pecorino. Chapters are organized by ingredient, so you can easily look up new ways to use your favorite produce, grains, and pastas. In addition to recipes, you'll also find: Simple ingredient swaps to satisfy a wide range of palates. Prep-ahead pointers for easy weeknight meals. A "Perfect Pairings" index to help select the best matches for your mains. Complete nutrition information Filled with bright color photos and genius cooking tips, > is a go-to guide for making every meal memorable.

## Book Information

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Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (2 customer reviews)

Best Sellers Rank: #563,988 in Books (See Top 100 in Books) #69 in Â Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Garnishes #134 in Â Books > Cookbooks, Food & Wine > Cooking by Ingredient > Rice & Grains #531 in Â Books > Cookbooks, Food & Wine > Cooking by Ingredient > Vegetables

## Customer Reviews

This is a GREAT cookbook. I've made 6 things and all 6 have been awesome. They are really easy to put together too. I have a bookcase full of cookbooks and find myself grabbing this one ALOT.

This has become one of my go-to cookbooks since it has so many great choices for veggies, pastas, and salads that I can just throw together to dress up my usual chicken or fish.

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The Healthy Sides Cookbook: Easy Vegetables, Pastas, and Grains for Every Meal Microwave Cookbook: 40 Delicious, Healthy and Easy to Make Meal Recipes for Busy People (Quick and Easy Microwave Meal Recipes) The Big Book of Sides: More than 450 Recipes for the Best Vegetables, Grains, Salads, Breads, Sauces, and More The Casserole Queens Make-a-Meal Cookbook: Mix and Match 100 Casseroles, Salads, Sides, and Desserts The Ultimate Blender Cookbook: Fast, Healthy Recipes for Every Meal Veggie Burgers Every Which Way: Fresh, Flavorful and Healthy Vegan and Vegetarian Burgers-Plus Toppings, Sides, Buns and More Whole Grains Every Day, Every Way Chloe's Vegan Italian Kitchen: 150 Pizzas, Pastas, Pestos, Risottos, & Lots of Creamy Italian Classics Will Bonsall's Essential Guide to Radical, Self-Reliant Gardening: Innovative Techniques for Growing Vegetables, Grains, and Perennial Food Crops with Minimal Fossil Fuel and Animal Inputs The Greek Yogurt Kitchen: More Than 130 Delicious, Healthy Recipes for Every Meal of the Day The Vegetarian Flavor Bible: The Essential Guide to Culinary Creativity with Vegetables, Fruits, Grains, Legumes, Nuts, Seeds, and More, Based on the Wisdom of Leading American Chefs Food Storage: Preserving Vegetables, Grains, and Beans: Canning - Dehydrating - Freezing - Brining - Salting - Sugaring - Smoking - Pickling - Fermenting Cooking Healthy with a Food Processor: A Healthy Exchanges Cookbook (Healthy Exchanges Cookbooks) The Clean Eating Cookbook and Diet: Over 100 Healthy Whole Food Recipes and Meal Plans Clean Eating Cookbook & Diet: Over 100 Healthy Whole Food Recipes & Meal Plans The Lemon Cookbook: 50 Sweet & Savory Recipes to Brighten Every Meal Healthy Heart Cookbook: Over 700 Recipes for Every Day and Every Occasion Michael Symon's 5 in 5 for Every Season: 165 Quick Dinners, Sides, Holiday Dishes, and More The Healthy Hound Cookbook: Over 125 Easy Recipes for Healthy, Homemade Dog Food--Including Grain-Free, Paleo, and Raw Recipes! Fermented Vegetables: Creative Recipes for Fermenting 64 Vegetables & Herbs in Krauts, Kimchis, Brined Pickles, Chutneys, Relishes & Pastes

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